

SJLIFE Abbreviated Survey

The questions in this booklet relate to:

Person completing this questionnaire is:

Other:

Your relationship:

Parent

Today's date:

		/			1					S
m	m		d	d		У	У	У	У	

Self

Our mailing address is: St. Jude Children's Research Hospital Department of Epidemiology Mail Stop 735 262 Danny Thomas Place Memphis, TN 38105-3678

> Toll-free phone number: 1-800-775-2167

> > e-mail: SJLIFE@stjude.org

Please! Do not mark below this line

Survey #096

7478249113



INSTRUCTIONS FOR COMPLETING THE QUESTIONNAIRE

Please follow these rules in completing this questionnaire. If you have any questions about completing this questionnaire, please call 1-800-775-2167.

- 1. Use a black ballpoint pen or a number 2 black pencil. Do not use a felt-tip or roller-ball pen. These may cause smudging.
- 2. When marking boxes, make an x inside the box (see examples below).
- 3. Make no stray marks of any kind. Please keep the form as clean as possible.
- 4. Written responses must stay within the boxes provided:



MARKING EXAMPLES

Below are some examples of how to fill out this questionnaire. Please look these over before you begin.

EXAMPLE 1

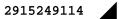
 During the past month, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, bicycling, swimming, wheelchair basketball, or walking for exercise? 			
		Not sur	ii yoo, ago
		Yes	at first use
EXAMPLE 2	No		
2. Have you ever taken			years
a. BIRTH CONTROL PILLS such as Demulen, Lo-Ovral, Loestrin, Norinyl, Norplant, Ortho-Novum, Ovral, Triphasil	x		
If yes, specify the name of the drug(s) or indicate you do not know the specific name			
b. MEDICATIONS TO LOWER CHOLESTEROL OR TRIGLYCERIDES, such as Zocor, Pravachol, Lipitor, Colestid (colestipol), Tricor, Lescol, Lopid (gemfibrozil), Mevacor, niacin, or Lorelco			34
If yes, specify the name of the drug(s) or indicate you do not know the specific name			
mevacor			
EXAMPLE 3			
3. When was this condition diagnosed?			
$ \begin{array}{c c} \hline 0 \\ \hline 4 \\ \hline Month (mm) \\ \hline Year (yyyy) \\ \hline \end{array} $			
Please! Do not mark below this line			

Medical Care

The next questions are about health care received since your last St. Jude Life visit.



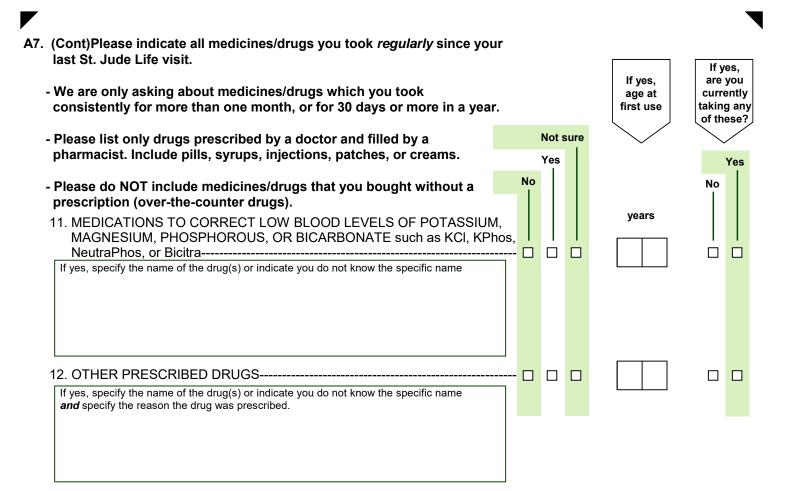
A1.	Since your last St. Jude Life visit, which of the following health care providers (excluding dentists) did you see or talk to for medical care?	A3. Since your last St. Jude Life visit, how many times did you see a physician?				
	(Mark all that apply)	□ 0 times Go to Question A5a.				
	□ None → Go to Question A7, next page.	□ 1 - 2 times □ 7 - 10 times				
	Physician (including Osteopath)	□ 3 - 4 times □ 11 - 20 times				
	Nurse Practitioner/Physician's Assistant	□ 5 - 6 times □ More than 20 times				
	□ Chiropractor	A4. How many of the visits to the physician indicated in question A3 were related to this previous illness?				
	Physical Therapist	\Box 0 visits \Box 7 - 10 visits				
	Psychologist or psychiatrist	□ 1 - 2 visits □ 11 - 20 visits				
	Other	☐ 3 - 4 visits				
	Specify	□ 5 - 6 visits				
		A5a. Since your last St. Jude Life visit, how often did you telephone a doctor's office, regarding an illness or a medical condition you may have had?				
		□ 0 times □ 7 - 10 times				
		□ 1 - 2 times □ 11 - 20 times				
A2.	Where did you receive your health care? (Mark all that apply)	□ 3 - 4 times □ More than 20 times				
	Doctor's office	□ 5 - 6 times				
	□ Oncology (cancer) center or clinic	A5b. Of these telephone contacts, how many				
	□ Other type of clinic	were to St. Jude?				
	□ Hospital					
	□ Emergency Room or Urgent Care Center					
	□ Long-term follow-up clinic	A6. Since your last St. Jude Life visit, how many times were you admitted to any hospital?				
	□ Other					
	Specify					



A7.	Please indicate all medicines/drugs you took <i>regularly</i> since your last St. Jude Life visit.						
	- We are only asking about medicines/drugs which you took consistently for more than one month, or for 30 days or more in a year.				lf yes, age at first use	If ye are y curre taking	you ently g any
	- Please list only drugs prescribed by a doctor and filled by a pharmacist. Include pills, syrups, injections, patches, or creams.		Not :	sure		of the	ese?
	 Please do NOT include medicines/drugs that you bought without a prescription (over-the-counter drugs). 1. BIRTH CONTROL MEDICATIONS such as Demulen, Lo-Ovral, Loestrin, Norinyl, Norplant, Ortho-Novum, Ovral, Triphasil, Depo Provera	No	Yes		years	No 	Yes
	2. ESTROGENS OR PROGESTERONES (FEMALE HORMONES) such as Estrace, Estraderm, Premarin, Provera, Medroxyprogesterone, Vivelle If yes, specify the name of the drug(s) or indicate you do not know the specific name	🗆					
	3. TESTOSTERONES (MALE HORMONES) such as Androgel, Delatesteral Testosterone cypionate, Testosterone enanthate If yes, specify the name of the drug(s) or indicate you do not know the specific name	, []					
	 PILLS OR INSULIN FOR DIABETES such as Glucophage (metformin), Glucotrol (glipizide), Glynase (glyburide), Prandin, Amaryl, Avandia, Actos or insulin injections (such as Humulin, Novolin, Lantus) If yes, specify the name of the drug(s) or indicate you do not know the specific name 						
	 MEDICATIONS FOR HIGH BLOOD PRESSURE OR HYPERTENSION such as hydrochlorothiazide (HCTZ), Dyazide (triamterene/HCTZ), Tenormin (atenolol), Lopressor (metoprolol), Zestril or Prinivil (lisinopril), Vasotec (enalapril), Cozaar, Hyzaar, Diovan, or others	□					

We are only asking about medicines/drugs which you took consistently for more than one month, or for 30 days or more in a year.				lf yes, age at first use	If ye are y curre taking
Please list only drugs prescribed by a doctor and filled by a pharmacist. Include pills, syrups, injections, patches, or creams.		Not s	sure		of the
 Please do NOT include medicines/drugs that you bought without a prescription (over-the-counter drugs). MEDICATIONS TO LOWER CHOLESTEROL OR TRIGLYCERIDES such as Lovastatin, Zocor (simvastatin), Pravachol (pravastatin), Crestor, Lipitor, Zetia, Tricor, Vytorin, gemfibrozil	No	Yes		years	No
7. MEDICATIONS FOR HEART CONDITIONS, INCLUDING ANGINA, CORONARY ARTERY DISEASE, CONGESTIVE HEART FAILURE, OR IRREGULAR HEART BEAT	- 🗆				
THYROID MEDICATIONS such as Synthroid (levothyroxine or L-thyroxine) Levothroid, or others If yes, specify the name of the drug(s) or indicate you do not know the specific name	, 🗆				
 MEDICATIONS FOR DEPRESSION such as Prozac (fluoxetine), Serzone, Celexa, Zoloft, Wellbutrin, Effexor, Desyrel (trazodone), or Vivactil If yes, specify the name of the drug(s) or indicate you do not know the specific name 					
0. MEDICATIONS FOR TREATMENT OF LOW BONE MINERAL DENSITY (OSTEOPOROSIS/OSTEOPENIA) such as Fosamax (alendronate), Boniva (ibandronate), Actonel (risedronate), or Evista (Raloxifene)	- 🗆				

So not mark below this lille



A8. Please list all over the counter medications (<u>NOT</u> prescribed by a doctor) which you took *regularly* since your last St. Jude Life visit.

We are only asking about medications which you took consistently for more than one month, or for 30 days or more in a year. Include pills, syrups, injections, patches, or creams.

A9. Please list all supplements which you took *regularly* since your last St. Jude Life visit. We are only asking about medicines which you took consistently for more than one month, or for 30 days or more in a year. Include pills, syrups, injections, patches, or creams.



OFFSPRING/PREGNANCY HISTORY

B1. Have you or your partner had: (Mark all that apply)

□ A vasectomy → At what age?

 \Box A tubal ligation \longrightarrow At what age?

B2. Are you, or your partner, currently pregnant? □ No

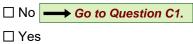
□ Yes

B3. Since your last visit, was there a period when you and a partner tried to become pregnant, without success?

🗆 No

□ Yes

B4. Since your last visit, have you and a partner become pregnant?



B5. Including live births, stillbirths, miscarriages, and abortions, how many times have you become pregnant or had a woman become pregnant by you since your last visit?



B6. Please fill in the following information for <u>each</u> of your pregnancies, or <u>each</u> time a woman has become pregnant by you, since your last visit, regardless of the outcome.

	<u>Pregna</u>	ncy	outc	<u>ome</u>			
	Me	dical	abor	tion			
	Mis	scarr	iage				
	Stillt	oirth			Your age	Partner's age	Weeks
	Live birth				at start of pregnancy		pregnancy lasted
Pregr	ancy 1 □						
Pregr	nancy 2 🗌						
Pregr	nancy 3 🗌						
Pregr	nancy 4 🗌						
Pregr	nancy 5 🗌						

Please attach a separate sheet of paper, if more than 5 pregnancies

HEALTH HABITS

- C1. In general, would you say your health is:
 - □ Excellent
 - □ Very good
 - □ Good
 - 🗆 Fair
 - Poor

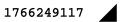
C2. <u>Compared to one year ago</u>, how would you rate your health in general <u>now</u>?

- □ Much better now than one year ago
- □ Somewhat better now than one year ago
- \Box About the same as one year ago
- $\hfill\square$ Somewhat worse now than one year ago
- \Box Much worse now than one year ago





								I						
C3.	The following questions							C5.	During the past 4 w	<u>eeks</u> , how m	uch o	the	time	
	are about activities you might do during a typical		No	o. no	t limi	ted a	t all		have you had any o your work or other	f the followir	ng pro	blem	s wit	h
	day. Does <u>your health now</u>	<u>now</u> Yes, limited							None	of the	time			
	limit you in these activities?					Ĩ			activities <u>as a</u>		A little of the time			
	If so, how much?	100,							result of any emotional problems	Son	ne of th	e time	•	
а	. <u>Vigorous Activities</u> , such as ru lifting heavy objects, participat		,						(such as feeling		of the ti	ne		
	strenuous sports								depressed or anxious)?	All of the	time			
b	. <u>Moderate Activities</u> , such as m	noving	а						amicacyi					
	table, bowling, or playing golf							a	Cut down on the am					
С	c. Lifting or carrying groceries								you spent on work of activities					
d	. Climbing <u>several</u> flights of stai	rs						b	Accomplished less the	nan you				
е	. Climbing <u>one</u> flight of stairs								would like					
f.	Bending, kneeling, or stooping	J						C	Did work or activities carefully than usual .					_
g	g. Walking <u>more than a mile</u>								<u>carefully than usual</u> .					
h	. Walking <u>several hundred yard</u>	<u>s</u>												
i	Walking <u>one hundred yards</u>							C6.	During the past 4 w					
j. Bathing or dressing yourself						П			physical health or e with your normal so					d
	0 07								friends, neighbors,		5 WILL	Iam	ı ıy ,	
									□ Not at all	□ Quite a bit				
C4.	During the past 4								□ Slightly I	Extremely				
	weeks, how much of the time have you had			No	ne of	the t	time		Moderately					
	any of the following		A lit	tle o	f the	time I								
	problems with your work or other regular	Some	of	the ti	me			C7	How much <u>bodily</u> p	ain have vou	had d	urin	n the	
	daily activities <u>as a</u>	lost of	the	time					past 4 weeks?	uni navo you	nuu u	ann;	y ino	
	result of your physical All of health?	of the ti	me 						□ None [☐ Moderate				
	<u></u> .								□ Very mild I	□ Severe				
a	. Cut down on the <u>amount of tin</u>	<u>ne</u>							☐ Mild [□ Very severe	9			
	you spent on work or other activities													
h	. <u>Accomplished less</u> than you		_	-										
L	would like							C8.	During the <u>past 4 w</u> interfere with your					
c	. Were limited in the <u>kind</u> of wo								work outside the ho					
	or other activities								☐ Not at all	□ Quite a bit				
Ċ	I. Had <u>difficulty</u> performing the								□ A little bit	Extremely				
-	work or other activities (for								Moderately					
	example, it took extra effort).													



C9.	we		ve had during the <u>past 4</u> his pain been located? y)
		Head	☐ Abdomen
		Neck	□ Back
		Chest	Pelvis
		Hands/Arms	□ Legs/Feet
		Other	
		Specify	

C10. These questions are about how you feel and how things have been with you <u>during the past 4 weeks</u>.

	For each question,									
	please mark the one	None of the time								
	answer that comes		A lit	ttle o	f the	time				
	closest to the way	Some of the time								
	you have been feeling. How much of	Som	IE OT	the ti	me					
	the time during the	Most o	f the	time						
	past 4 weeks	All of the	time							
a.	Did you feel full of life? .									
b.	Have you been very nerv	/ous?								
C.	Have you felt so down in dumps that nothing could abare you up?	d		_						
	cheer you up?									
d.	Have you felt calm and peaceful?.									
e.	Did you have a lot of energy? 🔲 🔲 🔲 📋									
f.	Have you felt downheart depressed?									
g.	Did you feel worn out? .									
h.	Have you been happy? .									
i.	Did you feel tired?									
C11.	During the <u>past 4 week</u> has your <u>physical heal</u> interfered with your so friends, relatives, etc.)	<u>th or emo</u> cial activi	tion	al p	robl	ems				
	□ All of the time	🗆 A little o	f the	time	е					

- □ Most of the time □ None of the time
- $\hfill\square$ Some of the time

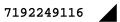
C12. How TRUE or FALSE is <u>each</u> of the following statements	Definitely fa Mostly false Don't know							
for you?	М	true						
	Definitely	true						
a. I seem to get sick a little e than other people								
b. I am as healthy as anyboo	dy							
I know								
c. I expect my health to get worse								
d. My health is excellent								

Sun Sensitivity

- C13. How many days in the last 12 months have you used any artificial tanning devices such as a sun lamp, or gone to a tanning booth?
 - □ None
 - □ 1-5 days
 - 🗆 6-10 days
 - □ 11 or more days

Always C14. When you were outside last summer for more than Often 15 minutes, how often did Sometimes you protect yourself from the sun by . . . Rarely Never Applying a sunscreen with a sun protection factor (SPF) of 15 or more on all sun exposed skin areas------Wearing protective clothing such as long-sleeved shirts and long pants-----Wearing a hat-----Limiting exposure to the sun during the mid-day hours-----Staying in the shade-----

 C15. Since your last visit, have you been told that you had skin cancer? This includes basal cell, squamous cell, and melanoma. □ No Go to Question C16. □ Yes 	Smoking C16. Do you smoke cigarettes now?
What was the name of the disease?	C17. On average, how many cigarettes a day do/did you smoke?
Where was the skin cancer located on your body? (Example: upper right arm, left ear)	C18. How many years, in total, have you smoked?
When was this diagnosed? Month (mm) Year (yyyy)	C19. If you currently smoke, how many times in the past 12 months have you tried to quit smoking and not smoked for at least 24 hours?
If you don't remember the date when the skin cancer was diagnosed, please give your approximate age at the time, or a time period when it happened (<i>for</i> <i>example</i> , between 1980 and 1983).	C20. In the past year, have you ever used any of these tobacco products? (Mark all that apply) Chewing tobacco
	Pipes
Where was this diagnosed?	Cigars
Doctor's name	11+ years
Hospital or clinic	C21. For any of those that you have used or are currently using, how long 1 - 2 years
Address	have you used it?
City, State, Zipcode	Chewing tobacco
	Pipes
If you had more than one occurrence of skin cancer, please use a separate sheet of paper.	Cigars

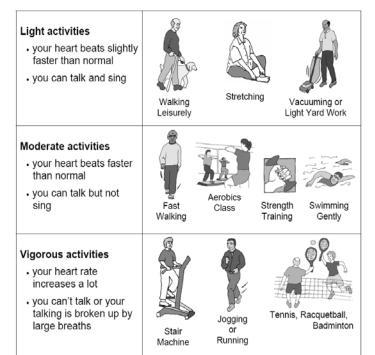


C22. If you are no longer u products, how long h						ссо			Alcohol
	luve	you		,	unt i				C25. During the last 12 months, what is the largest number of drinks you had on any single day? Was it 24+ drinks
					100	or mo	ore tii	mes	☐ 12-23 drinks
					40 -	- 99 ti	imes		☐ 8-11 drinks
<u>Drug Use</u>					39 tin				☐ 5-7 drinks
C23. Since your last		2	10 - - 9 ti		imes				☐ 4 drinks
SJLIFÉ visit, how many times have you	. 1	- 2 tir							☐ 3 drinks
tried	Never								□ 2 drinks
Marijuana/Hashish/Canna	abis .								🗆 1 drink
Cocaine/Crack/Freebase									☐ 0 drinks
Methamphetamine/Speed Ice/Crystal Meth/Ecstasy									C26. During the last 12 months, <u>how often</u> did you
									usually have any kind of drink containing alcohol?
C24. During the past 30									□ Every day
days, how many times did you use…									☐ 5 to 6 times a week
									☐ 3 to 4 times a week
Marijuana/Hashish/Canna	abis .								☐ twice a week
Cocaine/Crack/Freebase									□ once a week
Methamphetamine/Speed									\Box 2 to 3 times a month
Ice/Crystal Meth/Ecstasy									□ once a month
									\Box 3 to 11 times in the past year
									\Box 1 or 2 times in the past year
									□ Never in the past year

For questions C27 through C29b, refer to the activity graphic below.

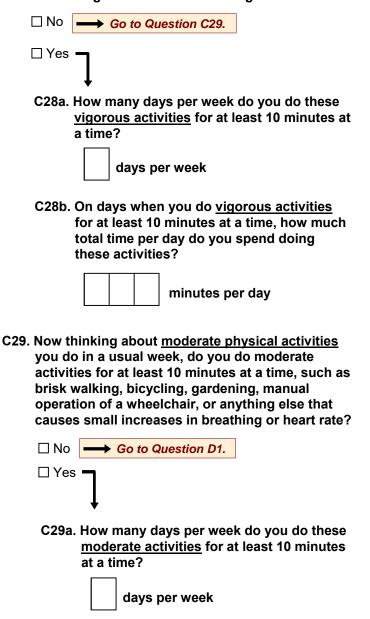
Physical Activity

Examples of physical activity intensity levels:



- C27. On how many of the <u>past 7 days</u> did you exercise or do sports for at least 20 minutes that made you sweat or breathe hard (e.g., dancing, jogging, basketball, etc.)?
 - 0 days
 - □ 1 day
 - □ 2 days
 - □ 3 days
 - □ 4 days
 - □ 5 days
 - □ 6 days
 - 🗌 7 days

C28. Now thinking about the <u>vigorous physical</u> <u>activities</u> you do in a usual week, do you do vigorous activities for at least 10 minutes at a time, such as running, aerobics, wheelchair basketball, heavy yard work, or anything else that causes large increases in breathing or heart rate?



C29b. On days when you do <u>moderate activities</u> for at least 10 minutes at a time, how much total time per day do you spend doing these activities?



minutes per day





Questions	D1 to	D18	relate	to	the	past '	<u>7 days</u> .
-----------	-------	-----	--------	----	-----	--------	-----------------

Questions D1 to D10 relate to the past 7 days.				E	xtren	nelv
Below is a list of problems people sometimes have. Please read each one carefully and mark the box that best describes how much that problem has distinct the problem that problem has the problem have during the proof 7 days including to day.		Quite a bit				1
distressed or bothered you during the past 7 days including today. Mark only one answer for each problem and try not to skip any items. If you change your	Moderately A little bit			itely	tely	
mind, erase the first mark carefully.						
	Not a	t all				
D1. Nervousness or shaking inside						
D2. Faintness or dizziness						
D3. Pains in heart or chest.						
D4. Thoughts of ending your life						
D5. Suddenly scared for no reason.						
D6. Feeling lonely.						
D7. Feeling blue						
D8. Feeling no interest in things						
D9. Feeling fearful						
D10. Nausea or upset stomach			_			
D11. Trouble getting your breath.						
D12. Numbness or tingling in parts of your body						
D13. Feeling hopeless about the future						
D14. Feeling weak in parts of your body						
D15. Feeling tense or keyed up						
D16. Spells of terror or panic.						
D17. Feeling so restless you couldn't sit still.						
D18. Feelings of worthlessness.						

Continue on next page.



MARITAL	STATUS

E1. What is your current living arrangement? (Mark all that apply)

Live with spouse/partner

- Live with parent(s)
- □ Live with roommate(s)
- Live with brother(s) and/or sister(s)
- Live with other relative(s) (not including minor children)
- Live alone

Other Specify

E2. Which of the following best describes your current marital status?

- □ Single, never married or never lived with partner as married
- □ Married
- Living with a partner as married
- □ Widowed
- Divorced
- Separated or no longer living as married

EMPLOYMENT HISTORY

F1. What is your current employment status? Include unpaid work in the family business or farm. (Mark all that apply)

 \Box Not currently working \longrightarrow Go to Question G1.

- □ Working full-time (30 or more hours per week)
- □ Working part-time (less than 30 hours per week)
- Caring for home or family (not seeking paid work)
- □ Unemployed and looking for work
- □ Unable to work due to illness or disability
- Retired
- Student
- Other Specify.
- F2. The following questions are about your present occupation. Please write your job title and brief details of what you do. If you have more than one job, please give the title of <u>your main job (please give only one)</u>:

F2a. Main job title:

F2b. Please briefly describe your primary job tasks:



INCOME

- G1. Over the last year, what was the total income of the <u>household</u> you live in?
 - □ Less than \$19,999
 - □ \$20,000 \$39,999
 - □ \$40,000 \$59,999
 - □ \$60,000 \$79,999
 - □ \$80,000 \$99,999
 - □ Over \$100,000
 - 🗆 Don't know

G2. During the past year, how many people in this household were supported on this income?

- □ 1
- □2
- □3
- □4
- □ 5

- 9 or more

G3. Over the last year, what was your personal income?

- □ None
- Less than \$19,999
- □ \$20,000 \$39,999
- □ \$40,000 \$59,999
- □ \$60,000 \$79,999
- □ \$80,000 \$99,999
- Over \$100,000

INSURANCE

H1. Do you currently have health insurance coverage?

□ Canadian resident → Go to back of survey.
 □ No → Go to back of survey.

🗕 🗌 Yes

- H2. How is this insurance provided? (Mark all that apply)
 - □ Through your place of employment
 - □ Through your spouse's or parent's policy
 - □ Through a policy you have purchased yourself
 - □ Medicaid or other public assistance program
 - □ Medicare
 - □ Military dependant/Veteran's benefits (CHAMPUS)
 - Other Specify.
 - H2a. Does this health insurance plan have any exclusions or restrictions because of your health history?

Don't know

🗆 No

☐ Yes Specify.

H2b. Is there an extra premium charge on your health insurance policy because of your health history?

Don't know

🗆 No

🗆 Yes





Attach additional pages, if necessary.

We have your current address and phone as:

Is this information correct, or are you planning on moving in the next 6 months?

□ Correct □ Not correct □ Moving

Do you have an email address we could use to contact you?

🗆 No	🗆 Yes	
		1

Your Email Address

Please give us your correct address or location (if different from above):

Address			
City		State	
Zip Code	Home Phone Number	•	Cell Phone Number

Please provide the name and address of someone who could give us your new address should you move. We will contact this person only if we are unable to reach you at your home address.

Name	
Address	Relationship to you
City	State
Zip Code	Phone Number

When you have completed this questionnaire please return it to us in the enclosed envelope.	I		
Mail to:			
SJLIFE STUDY			
St. Jude Children's Research Hospital	I		
Department of Epidemiology	I		
Mail Stop 735	l		
262 Danny Thomas Place	l		
Memphis, TN 38105-3678			
Thank you!			
Please! Do not mark below this line —			